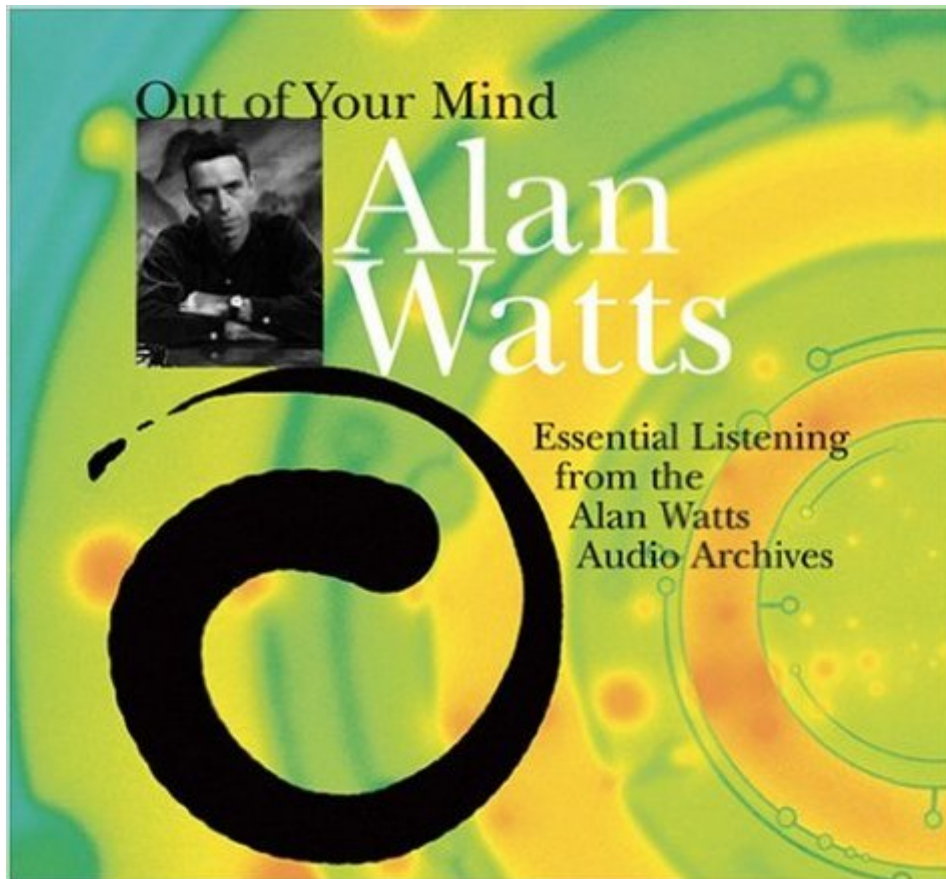


The book was found

Out Of Your Mind: Essential Listening From The Alan Watts Audio Archives



Synopsis

Perhaps more than any other teacher in the West, Alan Watts was responsible for igniting the passion of countless wisdom seekers to the spiritual and philosophical delights of Asia and India. With *Out of Your Mind: Essential Listening* from the Alan Watts Audio Archives, you are invited to immerse yourself in six of this legendary teacher's pinnacle sessions on how to break through the limits of the rational mind-and begin expanding your awareness and appreciation for "the Great Game" unfolding all around us.

Book Information

Audio CD

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Product Dimensions: 0.8 x 11 x 10 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (42 customer reviews)

Best Sellers Rank: #448,842 in Books (See Top 100 in Books) #155 in [Books > Books on CD > Health, Mind & Body > Meditation](#) #160 in [Books > Books on CD > Health, Mind & Body > Relaxation & Meditation](#) #532 in [Books > Books on CD > Health, Mind & Body > Self Help](#)

Customer Reviews

Its hard to believe these lectures are 50+ years old. There is absolutely no sense of these tracks being dated in any way. I can listen to the same lecture/episode/track over and over again; like others, I just like listening to his voice. I was already familiar with AW as I used to have some of his tapes in my car in a previous era. Very few lemons in this bunch, in fact, perhaps only two or three out of the 100+ sections. Best investment I've made in some time. Its difficult to summarize the content. Perhaps a simple table of contents would be useful (sure wish would make a habit of publishing these!).

CD 1. The nature of consciousness, Part 11. Intro
2. Our image of the world
3. The myth of the ceramic construct
4. The myth of the automatic universe
5. A wiggly world
6. A game that's worth the candle
7. An independent system
8. Whose game is it?
9. The world as a drama

CD 2. The nature of consciousness, Part 21. Intro
2. Being aware of awareness
3. Captivated by the drama
4. The game of hide and seek
5. Consciousness beyond awareness
6. How do we define ourselves?
7. What it is to see
8. The road to here
9. A re-examination of common sense

CD 3. The

web of life, Part 11. Intro2. What did you forget?3. A spontaneous life4. Seeing beyond our
separateness5. Intervals between what happens6. Existence as a function of relationship7.
Understanding the unitive world8. An implicit agreement9. To be aware of the melodyCD 4. The
web of life, Part 21. Intro2. Web as mutuality3. The nature of selfishness4. A perfectly genuine act5.

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